

2022 GYM TIMETABLE


KINDER GYMNASTICS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:25AM-10:10AM	2-3 YEARS	2-3 YEARS	4-5 YEARS (SQUAD - INVITE ONLY)	2-3 YEARS	2-3 YEARS
10:20AM-11:05AM	3-4 YEARS	3-4 YEARS	3-4 YEARS	3-4 YEARS	3-4 YEARS
11:15AM-12:00PM	4-5 YEARS	4-5 YEARS	4-5 YEARS	4-5 YEARS	4-5 YEARS

GYMNASTICS

2:00-2:45PM

4-5 YEARS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
4-5PM	LEVEL 1 (BEG, INTER, ADV) LEVEL 2 (BEG, INTER)	LEVEL 1 (BEG, INTER, ADV) LEVEL 2 (BEG, ADV COMP)	BOYS LEVEL 1 BOYS LEVEL 2 BOYS LEVEL 3+4 (4-5:30PM) ALP 2 (4-6:30PM)	LEVEL 1 (BEG, INTER, ADV) LEVEL 2 (BEG, ADV)	LEVEL 1 (INTER, ADV) LEVEL 2 (INTER) ALP 2 (4-6PM)	7:30-10AM	ALP 2 (7:30-10AM)
5-6PM	LEVEL 1 (BEG, INTER) LEVEL 2 (INTER, ADV)	LEVEL 1 (BEG, INTER) LEVEL 2 (BEG, ADV)	LEVEL 1 (BEG, INTER)	LEVEL 1 (DEVELOPMENT SQUAD) 5-6:15PM		9-10AM	LEVEL 1 (BEG)
5-7PM	ALP 2 (5-7 PM)		LEVEL 2 (BEG, 6-7PM)	LEVEL 3 A COMP +B+C LEVEL 5 COMP (5-7:30PM)		10-11AM	LEVEL 1 (BEG, INTER) LEVEL 2 (BEG)
6-8PM	LEVEL 3 A+B LEVEL 5 (6-8:30PM)	LEVEL 3 LEVEL 4 COMP				10-12PM	LEVEL 3
ACRO		6-7PM ACRO (BEG, INTER)	5-6PM ACRO (BEG, INTER) 6-7PM ACRO (INTER, ADV)		4-5PM ACRO (BEG) 5-6PM ACRO (BEG, INTER ADV)	11-12PM	ACRO (BEG, INTER)
NINJA	5-6PM NINJA (6-11 YEARS)	4-5PM NINJA (6-11 YEARS) 5-6PM NINJA (6-11 YEARS)				 LIFESTYLEFORKIDS193@ICLOUD.COM	

2022 DANCE TIMETABLE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PRE-SCHOOL CLASSES	<p>9:30-10:15am (Holly) Kinder Dance (3-4 years)</p> <p>10:30-11:15am (Holly) Kinder Dance (J) (4-5 years)</p>		<p>9:30-10:15am (Erin) Kinder Dance (3-4 years)</p> <p>10:30-11:15am (Erin) Kinder Dance (J) (4-5 years)</p>		<p>9:30-10:15am (Holly) Kinder Dance (3-4 years)</p> <p>10:30-11:15am (Holly) Kinder Dance (J) (4-5 years)</p> <p>11:30-12:15am (Holly) Kinder Dance/Ballet (J) (Advanced)</p>	<p>10:00-10:45am (Sophie) Kinder Dance (J) (4-5 years)</p> <p>11:00-11:45am (Sophie) Kinder Dance (J) (4-5 years)</p>
STUDIO 1	<p>4:00-5:00pm (Holly) Jazz (J) (7-8 years)</p> <p>5:00-6:00pm (Holly) Jazz (S) (11-12 years)</p> <p>6:00-7:00pm (Erin) Dancehall + Hip Hop (S) (10-12 years)</p> <p>7:00-8:00pm (Erin) Dancehall + Hip Hop (S) (13-15 years)</p> <p>8:00-9:30pm (Erin) Senior Latin, Heels and Contemporary (S)</p>	<p>4:00-5:00pm (Bree) Contemporary (J) (8-10 years)</p> <p>5:00-6:00pm (Tori) Hip Hop (J) (9-10 years)</p> <p>6:00-7:00pm (Erin) Inter Contemporary (S) (11-13 years)</p> <p>7:00-8:00pm (Tori) Advanced Hip Hop (S) (15+ years)</p> <p>8:00-9:00pm Events Rehearsal</p>	<p>4:00-5:00pm (Jade) Jazz (J) (8-10 years)</p> <p>5:00-6:00pm (Darcy) Boys Hip Hop (J) (7-11 years)</p> <p>6:00-7:00pm (Holly) Jazz (S) (12-14 years)</p> <p>7:00-8:30pm (Holly) Jazz and Lyrical (S) (14-15 years)</p>	<p>4:00-5:00pm (Sophie) Musical Theatre (S) (10-11 years)</p> <p>5:00-6:00pm (Bree) Jazz (J) (7-8 years)</p> <p>6:00-7:00pm (Tori) Mini Industry Squad (S) (Invite only)</p> <p>7:00-8:15pm (Tori) Junior Industry Squad (S) (Invite Only)</p> <p>7:45-9:00pm (Tori) Senior Industry Squad (S) (Invite Only)</p>	<p>4:00-5:00pm (Bree) Hip Hop (S) (10-12 years)</p> <p>5:00-6:00pm (Bree) Beginner Cheer (J) (6-9 years)</p> <p>6:00-7:00pm (Bree) Intermediate Cheer (S) (10-13 years)</p>	<p>8:00-9:00am (Tori) ALP Technique Training</p> <p>9:00-10:00am (Erin) Jazz (S) (9-11 years)</p>
STUDIO 2	<p>4:00-5:00pm (Jade) Junior Ballet (J) (7-9 years)</p> <p>5:00-6:00pm (Jade) Primary Ballet (J) (5-6 years)</p> <p>6:00-7:00pm (Holly) Teen Ballet (S) (10-13 years)</p> <p>7:00-8:00pm (Holly) Senior Ballet + Pointe (S) (14+ years)</p>	<p>4:00-5:00pm (Mikaela) Musical Theatre (J) (6-9 years)</p> <p>5:00-6:00pm (Bree) Beginner Hip Hop (J) (6-9 years)</p> <p>6:00-7:00pm (Tori) Contemporary (S) (14-16 years)</p> <p>7:00-8:00pm (Erin) Hip Hop (S) (11-13 years)</p>	<p>4:00-4:45pm (Erin) Jazz (J) (5-6 years)</p> <p>5:00-6:00pm (Holly) Beginner Contemporary (J) (6-9 years)</p> <p>6:00-7:00pm (Darcy) Jazz (S) (10-11 years)</p> <p>7:00-8:00pm (Darcy) Intermediate Tap (S)</p> <p>8:00-9:00pm (Darcy) Mums Tap Class</p>	<p>4:00-5:00pm (Bree) Jazz (J) (6-7 years)</p> <p>5:00-6:00pm (Sophie) Musical Theatre (S) (12-14 years)</p> <p>6:00-7:00pm (Jade) Advanced Contemporary (S) (13-15 years)</p> <p>7:00-8:00pm (Jade) Advanced Contemporary (S) (10-12 years)</p>	<p>4:00-8:00pm Events Rehearsal</p>	<p>9:00-9:45am (Sophie) Jazz (J) (5-7 years)</p> <p>10:00-11:00am (Erin) Contemporary (S) (9-11 years)</p> <p>11:00-12:00pm (Erin) Hip Hop (S) (12-14 years)</p> <p>Legend: J: Junior Concert S: Senior Concert</p>